INFORMED CONSENT AND RELEASE FORM
Summer Programs for High School Students at Northeastern (2-week programs)

I ___________________________________ hereby agree and grant permission for my son/daughter/ward
(Parent/Guardian Print Name)

_________________________________
(Print Participant’s Name)

to participate in the Summer Programs for High School Students, located at Northeastern University from
July 7, 2013 to July 19, 2013. I understand that his/her participation in the Summer Programs for High
School Students will include access to the University’s athletic facilities. Such athletic facility access will
allow him/her to participate in group or personalized fitness programs for an additional fee. I understand
and agree that use of the athletic facilities and participation in fitness programs is voluntary and that such
use or participation presents risks of injury.

Specific Risks
Because of the nature of the activity involved and because of the nature of the assessment component of the
personal fitness programs, a level of exertion is involved that may cause temporary physical changes which
will increase heart rate and raise blood pressure. With intense physical activity there exists a risk of
abnormal responses, which include fainting, irregular, fast or slow heart rhythm, and in rare instances heart
tack, stroke and death. Intense physical activity also poses a potential for physical injury such as sprains,
broken bones, torn muscles and lacerations. (Questions about specific risks can be directed to Campus
Recreation at 617-373-7894 or you may direct questions to your primary care physician.)

Confidentiality of Information
I understand that any information derived from such assessments by University staff will be kept confidential.

Emergency Medical Treatment
In the event of illness or injury to the participant, I express consent to the administration of emergency
medical care to him/her, if in the opinion of attending medical personnel, such action is advisable.

Release of Liability
I willfully accept these risks for my son/daughter/ward and realize that the Participant may withdraw from
participation in such activity at any time. I do forever release, acquit, discharge, and covenant to hold
harmless Northeastern University, its corporators, trustees, agents, employees, students and representatives
from any and all actions, causes of action and claims on account of, or in any way arising out of, directly or
indirectly, all known or unknown personal injuries or property damage which I or I as the parent/guardian
of said minor participant may now have or may hereafter have, and also all claims or right of action for
damages which Participant has or hereafter may acquire, either before or after he/she has reached his/her
majority resulting from or arising in any way from his/her participation in the program.

Consent
I have read this informed Consent and Release Form and understand the terms. I have been afforded the
opportunity to review it with an attorney. I have also been afforded the opportunity to ask questions about
the activities and their risks. My questions have all been answered to my satisfaction. I sign it voluntarily
and with full knowledge of its significance. I represent and certify that I have legal authority to act on
behalf of and contractually bind Participant.

Parent/Guardian Name (please print) ____________________________ Relationship _________________
Parent/Guardian Signature __________________________________ Date ___________________